



## Dear Participants, Families, and Friends:

You are receiving the Summer 2007 issue of the DDD Family Matters bulletins. In this bulletin, we share information about disaster and emergency preparedness. It's important for all of us to know what to do when a disaster or emergency happens. We hope you find the enclosed book and resources useful.

- All Family Matters bulletins also appear on the DDD Internet webpage. Click on <http://www1.dshs.wa.gov/ddd/publications.shtml#family> and look under the heading "Family Matters Bulletins."
- We need to hear from you! What are the subjects and topics that interest you? What information do you need? Please take a moment to either call Linda Gil at 360-725-3435 or email her at [gilll@dshs.wa.gov](mailto:gilll@dshs.wa.gov).
- Remember to check the DDD Internet website to learn more about what's happening in the division: <http://www1.dshs.wa.gov/ddd/index.shtml>.
- Look for the next bulletin this coming fall of 2007!



**Turn  
the page for  
more information!**

## Disasters Can Happen Anywhere, Any Time, and Without Warning!

The American Red Cross says to find the best ways to prepare for a disaster, ask yourself the following questions:

- What kinds of disasters may occur in my area?
- How will I and others be informed of possible disasters?
- What are the effects of disasters on me and my community?

To find out more from the American Red Cross, go to this Internet webpage on emergency preparedness for people with disabilities: <http://www.redcross.org/services/disaster/beprepared/under.html>

In Washington State, the Department of Health (DOH) offers information about emergency and disaster preparedness on its website: Public Health Emergency Preparedness and Response (<http://www.doh.wa.gov/phepr/default.htm>).

At the DOH website (<http://www.doh.wa.gov/default.htm>), you can find local telephone numbers and other information guides.

DOH has published a handbook titled Emergency Resource Guide (2007). A copy of this new handbook is included in this Family Matters packet.

Your case resource manager may be able to share more information about these topics. If you do not know who your case resource manager is, please contact the closest DDD office and ask!

**REGION 1**

Colfax (509) 397-5053  
Colville (509) 685-5649 or Toll free (866) 715-3646  
Moses Lake (509) 764-5674  
Omak (509) 846-2098  
Spokane (509) 329-2900 or Toll free (800) 462-0624  
Wenatchee (509) 667-6164

**REGION 2**

Clarkston (509) 751-4637  
Ellensburg (509) 925-0405  
Kennewick (509) 374-2111  
Sunnyside (509) 836-5438  
Walla Walla (509) 526-2580  
Wapato (509) 877-5190  
Yakima (509) 225-4620 or Toll free (800) 822-7840

**REGION 3**

Bellingham (360) 676-2000 or Toll free (800) 239-8285  
Everett (425) 339-4833 or Toll free (800) 788-2053  
Mt. Vernon (360) 416-7261 or Toll free (800) 491-5266  
Oak Harbor (360) 240-4723 or Toll free (877) 890-2631

**REGION 4**

Kent (253) 372-5770 or Toll free (800) 974-4428  
Seattle (206) 568-5700 or Toll free (800) 314-3296

**REGION 5**

Bremerton (360) 475-3490 or Toll free (800) 735-6740  
Tacoma (253) 404-6500 or Toll free (800) 248-0949

**REGION 6**

Aberdeen (360) 537-4360  
Centralia (360) 807-7010  
Kelso (360) 501-2520  
Long Beach (360) 642-6237  
Olympia (360) 725-4250 or Toll free (800) 339-8227  
Pt. Angeles (360) 452-3327 or Toll free (877) 601-2760  
Pt. Townsend (360) 379-4324  
Shelton (360) 432-2039  
South Bend (360) 875-4244  
Vancouver (360) 750-4250 or Toll free (888) 877-3490

<http://www1.dshs.wa.gov/ddd/contacts.shtml>

**Other web resources include:****• Tips for First Responders**

<http://www.isdd.indiana.edu/>

**• Disaster Preparedness for People with Disabilities**

[http://www.gocolumbiamo.com/EM/Disaster\\_Preparedness/disability.php](http://www.gocolumbiamo.com/EM/Disaster_Preparedness/disability.php)

**• Are You Ready? An In-depth Guide to Citizen Preparedness**

<http://www.fema.gov/areyouready/>

**• American Red Cross**

[http://www.redcross.org/services/disaster/0,1082,0\\_603\\_00.html](http://www.redcross.org/services/disaster/0,1082,0_603_00.html)

**• Disability Resources**

<http://www.disabilityresources.org/DISASTER.html>